

NEIGHBORS OF THE

JULY 2023

Dunes & Pine Lakes



THE **HELLERS:** A LIFE OF ADVENTURE

Cover Photo by Victor Beloded
of One Life Photography



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HOA SUBMISSION INFORMATION

Are you on the association board for your subdivision? Contact us for information on how you can submit articles, updates, reminders, events and more to the residents. We create customized homeowners association sections at no cost to the HOA or the residents.

CONTENT SUBMISSION DEADLINES:

Content Due:.....	Edition Date:
December 5.....	January
January 5.....	February
February 5.....	March
March 5.....	April
April 5.....	May
May 5.....	June
June 5.....	July
July 5.....	August
August 5.....	September
September 5.....	October
October 5.....	November
November 5.....	December

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Dear Residents,

Welcome to *Neighbors of the Dunes & Pine Lakes* Magazine!

July is a month my husband and I look forward to which starts with a tradition of watching 4th of July fireworks, followed up with visiting with family and friends in Virginia and New Hampshire. It's the perfect way to celebrate America's birthday and enjoy all the fun things summer has to offer.

I am pleased to introduce you to David and Angel Heller, our Feature Family this month. David and Angel's children are grown and they are an active and busy couple celebrating 37 years of marriage. They are also local business owners here in Myrtle Beach and just adopted a beautiful border collie named Sadie Mae who you may meet most days at their store.

Be sure to check out the article by our Expert Contributor, Eric Bitetto of Semper Fortis Financial, about tips to consider when investing in a volatile market. Thank you as always to my team for helping me bring this publication to print.

I would like to shout out a special thank you to all of our Sponsors for bringing this resource to our community! This publication is made possible by our local businesses you see in these pages. Please support them as they are the reason we are able to provide you with this beautiful magazine that arrives in your mailbox every month. We would like to welcome our newest Sponsors, **Coastal Landscape Group and A&A Garage Door Solutions, Inc.. Also, please help us welcome our new Sponsors and Expert Contributors: Coastal Environmental Group, Coastal Pooper Scooper, LLC, and A Path Forward Behavioral Health, LLC**

REMINDER: this magazine is all about YOU!! We are looking to our Residents to nominate our future Feature Families. Do you have a beloved pet that you would like to see highlighted? If so, send us your pictures! Perhaps you have a favorite recipe you would like to share? If so, send it our way! We feature regular people in our communities to help neighbors get to know each other.

If you are a resident who reads our publication, thank you for your support! We love what we do! If you are a business owner that is looking to grow your business in the Grande Dunes, Del Webb at the Dunes, The Dunes and Pine Lakes Country Club neighborhoods, please reach out. I would love to connect with you!



Heather Begley

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THE HELLERS: A LIFE OF ADVENTURE

By Hilary Ingolsby Whitesides

Photos by Victor Beloded of One Life Photography



Thirty-eight years ago two people met each other while working at a furniture store in North Carolina. The rest, as they say, is history.

“We had our first date one month later, were engaged three months later, and married eight months later,” Angel Heller says.

And thus began Angel and David’s greatest adventure – life together.

“We have too many best memories to list,” Angel says, “We’ve traveled to so many different places and moved around to different states. Our entire journey together has been an adventure.”

At the top of their adventure list is the raising of their two daughters Erica and Rachel – both of whom are grown and living successful lives of their own. Erica works as a taxidermist in Livingston, MT and enjoys hiking, hunting, and collecting vintage clothing. Rachel lives in Charlotte, NC, and works as a merchandising operations analyst for Lowe’s Home Improvement. Rachel enjoys hiking, acting, and singing. According to Angel, and to the delight of both of their parents, both daughters also enjoy cooking and “could be gourmet chefs.”

One of the couple’s favorite things to do together is travel. Together they have visited many different countries and Caribbean islands and go on a yearly trip with friends to the Bahaman island of Eleuthera.



David and Angel swimming with the pigs in Exuma in April 2023 on their annual trip to Eleuthera.



"WE LOVE OUR NEIGHBORS, THAT IT'S A GOLF CART RIDE TO JUST ABOUT EVERYTHING, AND THAT IT'S RIGHT ACROSS FROM THE BEACH."

In their spare time, David and Angel both enjoy and prioritize staying active. David plays tennis year-round in a local tennis league, enjoys playing golf regularly, and likes to exercise, cycle, garden, and cook. Angel has been an avid target-shooter since the 80s and also enjoys spending time with friends on the beach, gardening, and traveling.

When it came to their careers, it should come as no surprise that their professional lives have also been varied and an adventure. After graduating from UNCG in Greensboro, NC David enjoyed a career in Logistics. Angel graduated from Kings College in Charlotte, NC, and worked in Real Estate for 16 years.

Seven years ago Angel and David moved to the beach and decided to settle in Grand Dunes – a move that has proven to be a great fit. "We love our small, gated neighborhood," Angel says, "We love our neighbors, that it's a golf cart ride to just about everything, and that it's right across from the beach."

Last year they jumped back into the professional world with a career that truly goes hand-in-hand with their personal lives and active hobbies and opened Grand Strand Wholesale Supplements which offers high-quality vitamins, supplements, and other wellness products.

Through all their adventures, the most important thing remains having done them side-by-side. "We just celebrated 37 wonderful years of marriage," Angel says.

And something tells me, their adventurous journey is just getting started.

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A LOOK INTO WHEELS OF YESTERYEAR

By Eleni Carras



Welcome to Wheels of Yesteryear!

Step back in time every day from 9:30 am - 5:30 pm! Each year our museum showcases 50+ classic American muscle cars and trucks. We love to share our passion for restoring these vehicles to their heyday!

Wheels of Yesteryear Vintage Auto Museum opened in Myrtle Beach on September 30, 2009. The collection has been a lifetime in the making for long-time car enthusiast Paul Cummings and his wife Carol. Paul first fell in love with cars when his dad gave him his first car - a 1940 Ford Coupe. Since that first car, he has collected over 150 classic American muscle cars. Paul was an entrepreneur and farmer, while Carol was a school teacher. Collecting and restoring vintage autos was a passion for Paul that he only dreamed of being able to share one day. The inception of the museum came from Carol. In their retirement, her backyard was overrun with vehicles in various states of restoration. She needed to know what he planned to do with all these cars. Paul wanted to share them with the public as they felt that the historical and memorial value of the cars outweighed their monetary value. They opened Wheels of Yesteryear together amidst years of hard work, sacrifice, love for the cars and for each other. Her memory, and so many others, live on at Wheels of Yesteryear.

Having been open for over 13 years, we have had visitors from all over the world and all 50 states. At Wheels of Yesteryear, we are committed to restoring all of our vehicles as close to their factory condition as possible so that our cars are truly back to their original glory. Each year we change out our inventory of vehicles. We always want to there to be something wonderful for our local visitors, and new and returning guests to enjoy.

Our gift shop offers a great selection of diecast cars, t-shirts, stickers, metal signs, and more! You can find gifts to give your gearhead (or for yourself) year-round. We are located at 413 Hospitality Lane, Myrtle Beach - just up 501 across from the Tanger Outlets. To learn more about our museum and keep up with new events find us on social media or visit our website - www.wheelsofyesteryearmb.com.

CENTURY 21

Broadhurst

Being born and raised in Conway, SC I have named myself The Lifestyle Liaison, you can consider me the Wright woman for the job!



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Contributed by David and Angel Heller
 Photos by Victor Beloded of One Life Photography



Thank you to East Coast Pet Services for sponsoring The Pet Corner.

Our newest pet addition is our Border Collie puppy, Sadie Mae. She is 12 weeks old and joins our two cats, Aja who is a Siamese cat and 3 years old, and Harley who is 6 years old and is a rescue Tabby cat.

Angel Heller

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CALENDAR OF EVENTS

June 13 – Sept. 10

Lifting Black Voices, The Rhodes Collection of African-American Art

@Burroughs and Chapin Art Museum
Come experience art selections from the Rhodes Collection that are representative of the black Carolina experience and include paintings, sculptures, quilts, batiks, and more.

Time: 10am-5pm

Cost: Free

<https://myrtlebeachartmuseum.org/>

Wednesdays, Fridays, Saturdays Myrtle's Market

@600 Mr. Joe White Ave

Check out local vendors selling local produce, baked goods, crafts, gifts, and more

Time: 9am-3pm

Cost: Varies by product

www.cityofmyrtlebeach.com

July 6, 13, 20, 27

Music on Main

@Main Street, North Myrtle Beach

Enjoy live music every Thursday during the summer on North Myrtle Beach's main street. Stroll and shop, dance 'til you drop, or bring a chair to lounge and listen. Main Street will be restricted to pedestrian traffic only making this a fun and accessible event.

Time: 7pm

Cost: Free

<https://parks.nmb.us/385/Music-on-Main-Concert-Series>

Tues, July 11

Blood Drive

@Portside at Grand Dunes

Help save lives by donating blood.

Time: 10am-2pm

Cost: Volunteer Opportunity

<https://thebloodconnection.org/>

Fri, July 14

Free Family-Friendly Outdoor Movie

@McLean Park

Bring blankets and chairs and enjoy watching Beethoven under the stars with your friends and family. The North Myrtle Beach Lions Club will also be selling refreshments.

Time: 7pm

Cost: FREE

<https://parks.nmb.us/636/Movies-at-McLean>

Tues, July 18

5k Run and Walk

@Tidal Creek Brewhouse

The Surf's Up Hawaii 5k Run and Walk will include raffle prizes, a costume contest, and live music.

Time: 6:30pm

Cost: \$45-\$50 registration

www.nspromos.com/races

Fri, July 21

Sounds of Summer

@North Myrtle Beach Park & Sports Complex

Bring a beach chair or blanket and enjoy the live music of Swinging Medallions "Since 1962". Snacks and beverages available for purchase.

Time: 7-9pm

Cost: Free

<https://parks.nmb.us/389/Sounds-of-Summer-Concert-Series>

Sat, July 22

Sweetgrass Festival

@Mt. Pleasant Memorial Waterfront Park

Come to the 18th Annual Sweetgrass Festival to learn about and celebrate the history, culture, and traditions of the Gullah Geechee people and their sweetgrass basket art.

Time: 10am

Cost: Free

www.experiencemountpleasant.com

June 25 – July 31

Muzika! The Grand Strand Music Festival

@Various venues

Performances across the Grand Strand will include fully-staged operas, Broadway and choral-orchestral performances, voice recitals, and a Master Artists Concert Series featuring internationally-recognized artists from the Metropolitan Opera and other prestigious groups.

Time: Varies

Cost: \$25-60

<https://varnainternational.com/muzika>



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Caprese Pasta Salad

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Submitted by Lori R.

Directions

STEP 1

Bring a large pot of salted water to a boil over high heat. Cook pasta according to package directions; drain.

STEP 2

Meanwhile, whisk together vinegar, oil, and honey in a bowl. Season with salt and pepper. Add hot pasta, tomatoes, and mozzarella balls; toss gently to coat. Add basil and toss to combine. Serve chilled or at room temperature.

INGREDIENTS

- ✓ KOSHER SALT AND FRESHLY GROUND BLACK PEPPER
- ✓ 1 LB. SHORT PASTA, SUCH AS PENNE RIGATE
- ✓ 1/2 C. WHITE BALSAMIC VINEGAR
- ✓ 1/4 C. OLIVE OIL
- ✓ 2 TBSP. PURE HONEY
- ✓ 1 LB. GRAPE OR CHERRY TOMATOES, HALVED
- ✓ 8 OZ. PERLINE (PEARL-SIZE) MOZZARELLA BALLS, DRAINED, OR 8 OUNCES FRESH MOZZARELLA, TORN
- ✓ 1/2 C. LOOSELY PACKED FRESH BASIL, TORN INTO LARGE PIECES



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INVESTING TIPS IN A VOLATILE MARKET

BY ERIC BITETTO, MA, MPH OWNER/FINANCIAL ADVISOR, SEMPER FORTIS FINANCIAL

Hello all! I want to introduce myself to you! My name is Eric Bitetto. I am the founder of Semper Fortis Financial, LLC, and a financial advisor.

We have been in the business of meeting our client's wealth management and overall financial needs for a decade. We have been a part of the Myrtle Beach, SC community for three years, and I am originally from Queens, NY. We are thrilled to be a part of this community and are excited to see what the future brings.

Speaking of the future, that can be a touchy subject currently when we consider the economy and the financial markets. After experiencing an approximate decade of positive financial markets, the last 18 months have brought significant market volatility and market declines. In addition, we have witnessed inflation not seen in 40 years and corresponding rises in interest rates, interruption in global supply chains that have produced shortages of goods and materials, and geopolitical events that have all played a role in the market and economic tumult. This occurred while the world attempted to recover from a global pandemic and an economy that was shut down just three short years ago.

We know these events have caused some people a lot of fear and uncertainty regarding managing their money. Do they invest or stay invested? What is the best strategy? While there is no one correct answer, as every person is different and every financial situation is unique, we wanted to share three best practices you can implement regardless of your position to help guide you when investing your money.

Investing in a volatile market can be challenging. Still, you can improve your chances of maximizing returns and minimizing risks with the right strategy. Here are three tips to consider when investing in a volatile market:

1. Diversify your portfolio: Diversification is a crucial strategy to mitigate risks in a volatile market. Investing in various assets, such as stocks, bonds, and commodities, allows you to spread your risks across different sectors and minimize your exposure to any particular asset class. We also are a proponent of maintaining adequate cash holdings for liquidity purposes, cash alternatives, and tangible assets such as real estate for a healthy balance. A well-diversified portfolio can help you weather the ups and downs of a volatile market.

2. Have a long-term perspective: In a volatile market, it's essential to have a long-term view and avoid making knee-jerk reactions based on short-term fluctuations. Do not be an emotional investor! Instead, stay focused on your investment goals, and remember that market volatility is often temporary. By maintaining a long-term perspective, you can ride out market turbulence and benefit from the potential growth opportunities that arise over time.

3. Pay attention to market trends and news: While having a long-term perspective is essential, staying informed about market trends and information that may affect your investments is also a good practice. Keep an eye on economic indicators, such as interest rates and inflation, as well as political and geopolitical events that may impact the markets. Staying informed can help you make informed decisions about your investments and adjust your portfolio as needed to take advantage of potential opportunities or mitigate risks.

Overall, staying disciplined in your investment strategy and abstaining from the temptation to make emotional decisions with your money and your portfolio is important. Studies show that time in the market is better than trying to time the market. So, keep the focus on your investment goals.

We encourage you to follow a strategy that includes diversification. Hence, your portfolio has a balance and no overexposure to risk in any individual investment or investment sector. Lastly, it is beneficial to educate yourselves and stay engaged in the process of achieving your financial goals.

We always encourage our clients and friends to contact us with their questions and concerns so we can discuss them and review how current markets are affecting them and their financial health. Please feel free to reach out if you have questions or concerns. We are here to help!



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For Sale	16 Valencia Cir	1,385	2	2	\$499,900	
For Sale	8077 Verona Dr	4,010	4	6	\$1.65 M	
For Sale	9374 Charleston	3,718	4	3	\$999,900	
For Sale	8148 Living Tide Dr	1,924	3	2	\$792,602	
For Sale	6739 Ocean Breeze Loop	2,380	4	3	\$669,000	
For Sale	5910 Cremona Dr	1,520	2	2	\$429,090	
For Sale	5719 Pickens Ave	3,475	5	4	\$1.1 M	
For Sale	6703 Ocean Breeze	1,430	2	2	\$489,900	
Sold	8 Martinque St	1,789	3	2		\$500,000
Sold	628 Providence Dr	1,940	3	2		\$515,000
Sold	9261 Venezia Cir	3,491	4			\$1.5 M
Sold	6126 Bolsena Pl	2,735	4			\$965,000
Sold	8900 Kings Rd	3,305	3			\$725,000
Sold	1754 Cliffowd Dr	6,100	4	3.5		\$2.05 M
Sold	7202 Sarteano Dr	2,100	3			\$649,650
Sold	6610 Sabbioni St	2,094	4			\$637,000

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Forest Dunes EVENTS



Submitted by Clark Vereen, President Forest Dunes HOA

The Forest Dunes neighborhood has been abuzz recently with fun neighborhood events including its annual Memorial Day Weekend Golf Cart Parade, Kickoff to Summer Picnic, and Yard of the Year competition.

Winners of the Yard of the Year award included Lynn Davenport and Joe Mitzak, Michael and Michelle Lambert, and Jeff and Pam Solan.

More than 50 neighbors attended the picnic as did Mayor Brenda Bethune, Councilwoman Jackie Hatley, and Councilman John Krajc.

Have a fun photo or story to share? Contact Hilary at hwhitesides@bestversionmedia.com.



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